

## IS YOUR HOME A HEALTHY HOME? - TOXIN CHECKLIST

Each year, over 1 million children are accidentally poisoned in their homes. More than 250,000 of these victims are hospitalized. Three thousand children will end up in intensive care. Dozens more will die. Thousands of children and adults are permanently disfigured or injured through contact with chemicals in the home each year. Incredibly, the most common substance to poison children is a household cleaner. Many of these products are considered safe! Think of your own home. You probably have dozens of bottles of cleaners, containing hundreds of chemicals. Could an accident happen in your home? Check off the products you use in your home and evaluate your risks. Short-term health risks are listed on the front sheet. Long-term risks are listed on the back sheet. **All information comes from actual manufacturer's Material Safety Data Sheets and National Poison Control Centers.**

<input type="checkbox"/> <b>AIR FRESHENER (AEROSOL)</b> <b>WARNING!</b> Contains highly flammable propellants. Can cause moderate irritation to the eyes. Can cause mild to moderate lung irritation, including asthma-like symptoms.	<input type="checkbox"/> <b>COSMETICS</b> Cosmetics are second only to cleaning products as a poisoner of children. They are not regulated like cleaners and many have no warning labels.	<input type="checkbox"/> <b>LAUNDRY DETERGENT (LIQUID)</b> <b>WARNING!</b> Strong eye irritant, can cause corneal damage. Can irritate the skin. Vapors can cause coughing, labored breathing, and in severe cases, death.
<input type="checkbox"/> <b>ALL-PURPOSE CLEANER</b> <b>WARNING!</b> Strong lung irritant. Can cause mild to moderate damage to the eyes. Fumes can cause weakness and dizziness.	<input type="checkbox"/> <b>DEODORANT (AEROSOL)</b> <b>DANGER!</b> Contains highly flammable propellants. Vapors can irritate the lungs and eyes.	<input type="checkbox"/> <b>LAUNDRY DETERGENT (POWDERED)</b> <b>WARNING!</b> Can burn the skin and eyes, can cause corneal damage. Dust can cause headaches, dizziness, labored breathing, and in severe cases, death.
<input type="checkbox"/> <b>AUTOMATIC DISHWASHING LIQUID</b> <b>WARNING!</b> Strong skin irritant. Can burn throat. Many products contain bleach which can cause swelling and tearing of eye tissue. Vapors can cause headaches.	<input type="checkbox"/> <b>DISHWASHING LIQUID</b> <b>CAUTION!</b> Possible skin irritant. Can cause swelling and tearing of the eye tissue. Vapors can cause labored coughing, labored breathing, and in severe cases, death.	<input type="checkbox"/> <b>MOUTHWASH</b> <b>CAUTION!</b> Eye, nose and throat irritant. Ingestion can lead to dizziness and stupor. Most products contain 20% ethyl alcohol. Each year a number of young children die from ingestion.
<input type="checkbox"/> <b>AUTOMATIC DISHWASHING POWDER</b> <b>WARNING!</b> Strong eye and skin irritant. Contains corrosive bleach that can burn mouth and throat. Most common reported poison among children.	<input type="checkbox"/> <b>DISINFECTANT CLEANER</b> <b>WARNING!</b> Aerosols contain flammable propellants. Can burn skin and cause permanent corneal damage. Fumes can strongly irritate the nose, throat, and lungs.	<input type="checkbox"/> <b>OVEN CLEANER</b> <b>DANGER!</b> Contains lye which is highly corrosive. Burns the skin, mouth, throat and stomach. Causes permanent blindness.
<input type="checkbox"/> <b>BASIN, TUB, &amp; TILE CLEANER</b> <b>WARNING!</b> Some are flammable. Contains acids that can burn the skin and cause corneal damage. Vapors can cause strong respiratory irritations.	<input type="checkbox"/> <b>DRAIN CLEANER</b> <b>WARNING!</b> Burns mouth, tongue, throat, and stomach, causing permanent damage. Can cause severe eye damage and blindness.	<input type="checkbox"/> <b>PERFUME/COLOGNE</b> Most scents contain enough alcohol to harm or kill a child after ingesting only a few swallows. Many ingredients can irritate the skin and burn the eyes.
<input type="checkbox"/> <b>BLEACH (LIQUID)</b> <b>DANGER!</b> Causes severe eye injuries. Can damage mouth, throat, and stomach. Vapors irritate the nose, throat, and lungs.	<input type="checkbox"/> <b>DUSTING SPRAY (AEROSOL)</b> <b>DANGER!</b> Flammable. Irritates the eyes, lungs. Five thousand people visit emergency rooms each year with an aerosol can related injury.	<input type="checkbox"/> <b>SCOURING POWDER WITH BLEACH</b> <b>WARNING!</b> Can cause moderate irritation to skin. Can burn mouth and throat. Can cause permanent eye damage. Gives off irritating fumes when wet.
<input type="checkbox"/> <b>BLEACH (POWDERED)</b> <b>WARNING!</b> Breathing the dust can produce asthma-like symptoms. Damages eyes and skin. Mixing with ammonia can produce deadly fumes.	<input type="checkbox"/> <b>FABRIC SOFTENER (LIQUID)</b> <b>CAUTION!</b> Mild eye irritant. Skin irritant. Vapors can cause headaches, dizziness, nausea, labored breathing, and in severe cases, death. Can aggravate asthma symptoms.	<input type="checkbox"/> <b>STAINLESS STEEL CLEANER</b> <b>DANGER!</b> Can burn the eyes and skin. Vapors can cause headaches, dizziness, and stupor.
<input type="checkbox"/> <b>BRASS, COPPER, SILVER POLISH</b> <b>WARNING!</b> Can cause moderate eye and skin damage and burns. Fumes can cause headaches, dizziness, and stupor.	<input type="checkbox"/> <b>FABRIC SOFTENER SHEETS</b> <b>CAUTION!</b> Possible skin irritant. Can irritate eyes. Vapors can cause headaches, dizziness, nausea, and in severe cases, death.	<input type="checkbox"/> <b>TILE/HARD WATER SPOT REMOVER</b> <b>WARNING!</b> Contains corrosive acids that can cause moderate burns and irritation to skin and eyes. Vapors can be highly irritating to nose, throat, and lungs.
<input type="checkbox"/> <b>CARPET DEODORIZER (POWDERED)</b> <b>CAUTION!</b> Contact with skin can produce mild irritation. Contact with eyes can cause abrasive eye damage. Dust can irritate the lungs and aggravate asthma symptoms.	<input type="checkbox"/> <b>FLOOR CLEANER</b> <b>WARNING!</b> Contains corrosive acids that can cause moderate burns and irritation to skin and eyes. Can burn mouth and throat. Can cause blindness.	<input type="checkbox"/> <b>TOILET BOWL CLEANER</b> <b>DANGER!</b> Contains hydrochloric acid which is highly corrosive. Burns the skin, mouth, and throat. Causes blindness.
<input type="checkbox"/> <b>CARPET SHAMPOO</b> <b>WARNING!</b> Can cause moderate to severe burns to eyes and skin. Vapors can irritate the nose, throat, and lungs.	<input type="checkbox"/> <b>FURNITURE POLISH</b> <b>DANGER!</b> Contact with skin can dissolve vital skin oils and cause severe dermatitis (skin burns). Can permanently injure eyes.	<input type="checkbox"/> <b>UPHOLSTERY STAIN REMOVER</b> <b>WARNING!</b> Can cause moderate to severe damage to skin and eyes. Ingesting can lead to abdominal tenderness and bleeding.
<input type="checkbox"/> <b>CARPET STAIN REMOVER</b> <b>WARNING!</b> Can cause moderate to severe damage to eyes and skin. Vapors can cause respiratory distress.	<input type="checkbox"/> <b>HAIR SPRAY (AEROSOL)</b> <b>DANGER!</b> Contains highly flammable propellants. Can cause eye damage due to direct contact. Skin irritant. Vapors can cause headaches, dizziness, and fatigue.	<input type="checkbox"/> <b>WINDOW CLEANER</b> <b>WARNING!</b> Can cause moderate irritation and damage to eyes. Fumes can be moderately to highly irritating to the lungs. Can irritate the skin.

The labels on products only have to warn of the acute (immediate) harms from ingesting a product, breathing the fumes, or contact with the eyes and skin. They don't reveal the harms presented by chronic (long-term) exposure to the chemicals in these products. **Now flip the page to see the long-term risks presented by the chemical-laden products in your home.**

ADDITIONAL COPIES OF THIS TOXIN CHECKLIST CAN BE ORDERED BY CALLING TOLL-FREE 1 (888) 209-0510.